



# George Fentham School SPORT NEWSLETTER



## Spring 2014

As we come to the end of another busy and exciting term we would like to take this opportunity to share with you all the sporting activities that have taken place throughout the school and future opportunities to look forward to in the summer term!

Mrs Nicholson



## Netball



It has been a very busy time of year for our Netball team this term.

The 'A' team have been training hard all term and performed extremely well in the South Solihull Netball Skills Competition, which took place on Tuesday 11<sup>th</sup> February 2014 at Solihull College Sports Centre. The team performed 5 skill based drills including shooting, chest pass, shoulder pass, paired pass and snake pass. They competed against 27 schools and completed their drills in 7 minutes and 10 seconds, which placed them 12<sup>th</sup> overall. This was a huge improvement from last year- Congratulations! On Thursday 6<sup>th</sup> March 2014 team 'A' played a netball match against St George and St Teresa's School. They played incredibly well winning the game 15-0! Our next match was against Berkswell on Monday 31<sup>st</sup> March 2014. The team played brilliantly and won 21-2! We are so proud of the progress the school team have made! Well done!

On Tuesday 1<sup>st</sup> April 2014 both the 'A' and 'B' teams joined together and took part in a South Solihull Small Schools Netball Tournament at Lode Heath School. They competed against 4 primary schools including Monkspath, Langley, St Martins and Our Lady of Compassion. The team performed very well, showing great sportsmanship and camaraderie. We won 2 games and lost 2 games, however the games we lost were against schools that played in the semi-finals. The children showed great resilience and we were delighted with how they performed.

"I really enjoyed doing all of the netball matches with the rest of the team. It feels really nice when you look back at other matches we have played, to see how much we have improved as a team." **Caitlin Year 6**

"I really enjoyed the netball tournament because it has inspired me to carry on and try some other sports." **Lexie Year 5**



## Basketball



It has been another exciting time for the Basketball team this term. After appointing two new members, the team have worked extremely hard to prepare and compete in the remaining games to play in the South Solihull Basketball League. On Thursday 30<sup>th</sup> January 2014 the basketball team played against another 4 schools, losing 2, drawing 1 and winning 1 game! The team really showed what they were made of! Well done! They then played in final matches on Thursday 6<sup>th</sup> March 2014 at Alderbrook School. The team took on the challenge and excelled throughout the evening. They lost the first 2 games, however they persevered, worked incredibly well as a team and won their games against Berkswell and Meriden Primary Schools. They displayed great sportsmanship throughout the league and showed great enthusiasm. We would like to say a big well done to the whole team, with a particular mention to Miles and George for being fantastic team players!



## Primary Schools Cross Country Event



After some tough decision making 8 girls and 8 boys were chosen to take part in the Primary Schools Cross Country Event which took place on Tuesday 11<sup>th</sup> March 2014 at the Old Sihillians Sports Club. This was our first time competing in the event and it was certainly an experience! There were 188 girls and 169 boys, with teams taking part from over 20 Solihull Primary Schools. Although it was an overwhelming experience both of our teams stayed positive and displayed huge enthusiasm! The event began with the boys running first. The George Fentham boys: Mackenzie, Jaedon, William, Harry, Sam, Ben, Gregory and Luke lined up at the starting line. The support and encouragement from parents and spectators was fantastic as the boys ran the course of just under 2 miles. Well done to Mackenzie who came first out of our team and 36<sup>th</sup> overall! Then it was the girls' turn to take their position at the starting line: Isobel, Tallulah, Havana, Eve, India, Caitlin, Izzy and Gabrielle. Despite being very nervous the girls demonstrated great courage and perseverance throughout the duration of the race. Well done to India who came first out of our girls. Congratulations to all pupils who took part!



## Sport Relief 2014



On Friday 21<sup>st</sup> March 2014 we took part in raising money for Sport Relief 2014. Sport Relief brings the entire nation together to get active, have fun and raise life-changing money! At George Fentham School the children came to school in 'sportswear' and took part in a 'Sports Relief Mile'. Each class had the opportunity to run, walk, hop or skip approximately 1 mile around the school playground (due to the field being too wet and muddy!). All children displayed great enthusiasm, determination and perseverance whilst taking part. We raised £221.00 which will go towards the charity that uses the money to improve the lives of vulnerable young people in the UK and around the world. The money is used to help give shelter to young people and helps children into education. It also provides communities with fresh water and life-saving vaccines. A huge well done and thank you to all the children who took part and parents who supported the event.

## Year 3 Dance Festival

Parents were cordially invited to attend Alderbrook Secondary School Dance Festival, where our Year 3 pupils performed a dance in the style of a Tudor Banquet, complete with King, Queen and Jester. Seven schools attended the festival, with our pupils being the youngest performers. The children had choreographed the entire dance during their PE lesson this half term, and what a super dance it was!

Here are just a few comments from the children about the event:

"I enjoyed taking part and knowing that everyone was watching my group and me."

"I enjoyed performing to other children."

"I enjoyed dancing and I liked the helpers from Alderbrook School too."



## Health and Science Week



Health and Science Week is always an enjoyable part of the year where the children take part in a range of activities which help promote and raise the profile of 'Healthy Active Lifestyles'. It was a very busy week- let's take a look at what the children experienced:

- A visit to the Life Bus where they took part in an educational session with Harold and his friends.
- A whole school assembly led by Mrs Nicholson, using the inspiration of the Winter Olympic and Paralympic Games to promote healthy and active lifestyles.
- Cross-curricular lessons in the classroom.
- Wake Up! Shake Up! Movement sessions.
- PE lessons.
- A Yoga Theatrix taster session.
- First Aid training for KS2.
- Year 2 Multi-Skills Competition.

The children thoroughly enjoyed Health and Science Week and are using these experiences to help them make good choices and lead 'Healthy Active Lifestyles'.

## Year 2 Multi-Skills Competition

On Tuesday 4<sup>th</sup> March 2014, Year 2 took part in a South Solihull Multi-Skills Competition run in partnership with the South Solihull School Sport Partnership. The Year 6 class were trained, by a multi-skills coach, and shown how to deliver each of the skill based stations. These included: running, throwing, balancing and jumping. The Year 2 children were then put into 4 teams and took part in each of these activities led by the Year 6 children. All children thoroughly enjoyed leading and taking part in this competition. It provided them with the opportunity to showcase a range of skills in a competitive, friendly and supportive environment. The results will be collected from all South Solihull Schools and shared later on this year.



## Gymnastics Competition



6 children from Year 1 were chosen to take part in the South Solihull School Sport Partnership Gymnastics Competition. This was a team event which consisted of two very different skill based performances, a sequence of floor exercises followed by the vault. The competition took place at Lode Heath School on Tuesday 8<sup>th</sup> April 2014. It was an exciting opportunity to raise the profile of KS1 Gymnastics within a very supportive environment. There were young leaders working with pupils before the competition began to help them practise their sequences and vaults. All children performed very well and it was lovely to see George Fentham School being represented by such a determined, positive and confident team of Year 1 children.



## Football



Well, the improvement in the weather has allowed us to begin to catch up with our matches. The boys' team have now played three times. They started with a cup match against Lapworth that resulted in a narrow defeat on penalties after a sterling comeback to 1 - 1. Two league matches followed. The first of these against Berkswell saw the team play brilliantly, but concede some unfortunate goals to lose 3 - 0. The second against Meriden was another defeat (4-0), but the boys never gave up. The girls' team played in the Diocesan Cup against Tanworth in Arden, their first proper match, and Mr Bass was so proud of their attitude and commitment against a very good team. A 7 - 0 half time score did not see their heads drop and they managed to dig in and keep the score to 3 - 0 in the second half, 10 - 0 overall. A big well done to all the players involved.



# Sports Clubs



## Spring Clubs 2014

**KS2 Basketball Club-** Run in partnership with Hampton Sports Club by a qualified coach on a Tuesday after school 3.20pm-4.05pm

**KS2 Tennis Club-** Run in partnership with Hampton Sports Club by a qualified coach on a Tuesday after school 3.20pm-4.05pm

**KS1 Activity Games Club-** Run in partnership with Hampton Sports Club by a qualified coach on Wednesday 12.45pm-1.15pm

**KS1 and Reception Tennis Club-** Run in partnership with Hampton Sports Club by a qualified coach on Wednesday 12.45pm-1.15pm

**Learning Curves Dance Club-** Run by the Learning Curves Dance team on Friday after school 3.30pm-4.45pm

**KS2 Football Club-** Run by Mr Bass a George Fentham class teacher on Monday after school 3.30pm- 4.30pm

**Year 2, 3 and 4 SkipTrix Club-** Run by a qualified sports coach on Wednesday after school 3.30-4.30pm

**Ks2 Change4Life Club** - Run in partnership with Hampton Fitness Club, by a qualified Change4Life instructor, on Thursday after school 3.20-4.20pm

**Year 6 Leaders Change for Life Club-** Run by Year 6 leaders, for Reception and Year 1 children, on Thursday 12.45-1.15pm

**Martial Arts Club-** Run by Mr Paul Gilmore, a qualified martial arts instructor, on a Wednesday after school 3.20-4.20pm.

**Years 4,5 and 6 Netball Club-** Run by Mrs Nicholson and Miss Bullock, George Fentham class teachers, on a Friday lunchtime 12.45pm-1.15pm.

## Summer Clubs 2014

**Learning Curves Dance Club-** Run by the Learning Curved Dance team on Friday after school 3.30pm-4.45pm

**KS2 Change4Life Combat Club-** A club run by Mrs Nicholson that focuses on body control and speed of thought, on Tuesday lunchtime 12.50-1.15pm

**KS2 Sports Club-** Run in partnership with Hampton Sports Club, by a qualified coach, on a Tuesday after school 3.20pm-4.05pm

**Reception and KS1 Sports Club-** Run in partnership with Hampton Sports Club, by a qualified coach, on Wednesday 12.45pm-1.15pm

**Yoga Theatrix Club-** Run by a qualified coach for Year 1 and 2 on Wednesday 3.30-4.30pm

**Boxercise Club-** Run by a qualified sports coach for KS2 on Thursday 3.20-4.20pm

- Please see sports club letters for further details



# SPORTING OPPORTUNITIES

## Sporting opportunities in Spring 2014

**Wake up! Shake up!** - A fun movement programme designed around core movement skills to encourage good physical development.

**Year 3 Swimming**- Run by qualified swimming coaches every Tuesday at North Solihull Sports Centre.

**Basketball League Matches**- Run in partnership with the South Solihull Sport Package.

**Netball League Matches**- Run in partnership with the South Solihull Sport Package.

**South Solihull Small Schools Netball Tournament**- Run in partnership with the South Solihull Sport Package.

**Year 3 and 4 Tag Rugby Coaching**- 5 weeks coaching working alongside the class teacher, in partnership with Berkswell & Balsall Rugby Club.

**Netball Skills Competition**- Run in partnership with the South Solihull Sport Package.

**Year 3 Dance Festival**- Run in partnership with the South Solihull Sport Package.

**Year 1 Gymnastics Competition**- Run in partnership with the South Solihull Sport Package.

**Year 2 Multi-Skills Competition**- Run in partnership with the South Solihull Sport Package.

**Year 1 and 4 Dance Coach**- Specialist age appropriate dance teacher working within the curriculum which follows National Curriculum guidance working alongside the class teacher.

**Primary Cross Country Event**- Run in partnership with the South Solihull Sport Package.

**Gymnastics Assembly**- A whole school assembly run by members of the Animated Dance and Gymnastic Academy and the under 18's Solihull Borough Gymnastics Instructor.

## Sporting opportunities in Spring 2014 continued

**Year 5 and 6 Football Coaching**- FA TESCO SKILLS programme. Specialist age appropriate coaching within the curriculum which follows National Curriculum guidance working alongside the class teacher.

**Yoga Theatrix Taster session**- Yoga Theatrix is storytelling through movement, body awareness, improvisation and games. It offers many benefits physically and emotionally for each child. It helps gain flexibility and strength, builds self-confidence and encourages a different way to keep active and healthy.

## Sporting opportunities in Summer 2014

**Year 5 trip to Aegon Classic 2014**- Children will have the opportunity to take part in a 45 minute on court session run by LTA qualified coaches and entry to the outside courts to watch the live tennis.

**Year 1 Cheerleading Coaching and Festival**- Run in partnership with the South Solihull Sport Package.

**Year 2 Tri Golf Coaching and Festival**- Run in partnership with the South Solihull Sport Package.

**Year 6 Tag Rugby Coaching and Festival**- Run in partnership with the South Solihull Sport Package.

**Year 4 and 5 Chance 2 Shine Cricket Coaching and Festival**- Run in partnership with the South Solihull Sport Package.

**Nursery and Reception Yoga Theatrix sessions.**

**Year 3 and 5 Striking and Fielding Coaching**- Run in partnership with the South Solihull Sport Package.

**Year 2 and Reception Gymnastics coaching**- Run in partnership with the South Solihull Sport Package.

# Children's Comments

"I am a member of the netball team and club. I think that the team have come on so much recently. It is great that the team can act as role models for the club and demonstrate skills. Since playing our first game, the team have definitely improved. In our previous two matches we won 15-0 and 18-0! We work well together and I enjoy playing with those in the club as well. I think it is super that we can play so many matches and gain experience from each one." **India Year 6**

"I really enjoyed the cross country because you were competing against other schools. I liked the challenge and I think you should do it again next year." **Gabby Year 6**

"The recent cross country event was a great opportunity and experience. It has encouraged me to run more often and has built on my stamina. I definitely think the school should take part in it again. I thoroughly enjoyed the experience and I felt more confident after taking part." **India Year 6**

"I enjoyed the cross country because I have never done it before and it was a new opportunity. It has inspired me to now do running!" **Tallulah Year 5**

"I really enjoyed playing in the netball matches and seeing how much other people have improved! I will never forget the games that we have won- I really really enjoyed doing it!" **Izzy Year 6**



## PE Kits



Please ensure your child has the appropriate George Fentham Endowed School PE kit in school at all times. See below for information-

### Reception and KS1

**Indoor Kit-** plain black shorts, plain white t-shirt and black pumps.

**Outdoor Kit-** plain dark tracksuit bottoms and jumper/hooded top, white t-shirt and black pumps (trainers can be worn if appropriate).

### KS2

**Indoor Kit-** plain black shorts, plain white t-shirt and black pumps.

**Outdoor Kit-** Plain dark tracksuit bottoms and jumper/hooded top, white t-shirt and trainers.

### Health and Safety

Long hair must be tied back.

All jewellery must be removed.

**If your child takes home their PE kit due to taking part in an after school sports club please ensure they return it to school the next day.**

Thank you for your support

