
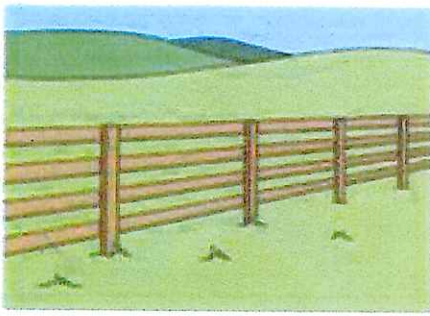

	<p>Recognise and name the emotion</p> <p><i>"I wonder if you're feeling angry"</i></p>
	<p>Validate and empathise</p> <p><i>"I would feel angry too if I"</i></p>
	<p>Set limits</p> <p><i>"Even though you're angry its not okay to Because"</i></p>
	<p>Problem solve:</p> <p>What was the child trying to achieve? What would be a better way to respond?</p> <p><i>"Next time you're angry what can we do instead?"</i></p>